howtube

Intention To the Higher Self - Practicing Mastery

Step by Step Instructions

STEP 1) Things You'll Need

- A relatively quiet, comfortable space
- Headphones for the audio, if handy
- An open mind
- A willingness to connect to something real and true.
- Be open throughout the day, have vigilance
- Force nothing, just observe
- And let your Higher Self reach you in its own way

STEP 2) Sit back and listen to the audio

There's nothing you have to do now... just be still and know that miracles are coming your way today

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